

# EMOTIONAL INTELLIGENCE

Emotional intelligence is the capability of individuals to (a) recognize their own emotions and the emotions of others, (b) discern between complex feelings and label them appropriately, (c) use emotional information to guide unbiased thinking and optimal behavior, and (d) manage emotions to achieve goals and master environmental adaptation.



An intuitive, five section layout with infographics comprise this robust 32-page report.



Variable and detailed, user-specific data spans each of the four EI Quotient sections + 20 sub-categories.



In addition to quantitative scoring and qualitative analysis, the 20 sub-categories include prescriptive recommendations for development.