

# DISC Awareness Assessment

A true integration of DISC and Emotional Intelligence.

DISC Awareness combines DISC behavioral insight with emotional intelligence—so you understand not just how people act, but why, and how to adapt your approach accordingly.



## DISC Awareness will help you:

-  Access & understand your Emotional Intelligence through the lens of the four DISC styles
-  Heighten your awareness of the various components of Emotional Intelligence
-  Identify EI & DISC style-driven strengths & areas for development
-  Provide a framework for personal & professional growth

## Why DISC Awareness works

DISC Awareness goes beyond behavior alone. By integrating Emotional Intelligence, it helps individuals recognize emotional triggers, regulate responses, and adapt communication in real time—based on both style and emotional context.

This dual lens creates more intentional interactions, stronger relationships, and more effective leadership across teams, clients, and organizations.